Food Pantry Accepted Items:

**Items Accepted:**

* Canned goods with pull tabs:
  + Fish/chicken Fruit
  + Vegetables
  + Beans
  + Pasta sauce
  + Soup/stew
* Instant oatmeal
* Instant mashed potatoes
* Individual microwave rice/pasta
* Microwave-ready meals (easy mac, cup-o'noodles, etc.)
* Hamburger/Tuna helper
* Crackers
* Individual packed nuts/trail mix
* Granola bars
* Dried fruit
* Peanut butter
* Applesauce (pouches or cups)
* Water bottles
* Shelf-stable milk
* Shelf-stable protein drinks
* Baby food (baby cereal and plastic tubs, no glass jars)
* Toiletries
  + Travel-sized goods (hair care, lotion, soap, etc.)
  + Deodorant
  + Toothbrush
  + Bar soap
  + Sunscreen
  + Bug spray
  + Socks (all sizes)

**Items NOT Accepted:**

* Cans without pull tabs
* Dried pasta
* Expired goods
* Refrigerated goods
* Fresh produce
* Baked goods
* Glass containers
* Previously opened items/damaged packaging
* Leftovers/already made meals