Food Pantry Accepted Items:

**Items Accepted:**

* Canned goods with pull tabs:
	+ Fish/chicken Fruit
	+ Vegetables
	+ Beans
	+ Pasta sauce
	+ Soup/stew
* Instant oatmeal
* Instant mashed potatoes
* Individual microwave rice/pasta
* Microwave-ready meals (easy mac, cup-o'noodles, etc.)
* Hamburger/Tuna helper
* Crackers
* Individual packed nuts/trail mix
* Granola bars
* Dried fruit
* Peanut butter
* Applesauce (pouches or cups)
* Water bottles
* Shelf-stable milk
* Shelf-stable protein drinks
* Baby food (baby cereal and plastic tubs, no glass jars)
* Toiletries
	+ Travel-sized goods (hair care, lotion, soap, etc.)
	+ Deodorant
	+ Toothbrush
	+ Bar soap
	+ Sunscreen
	+ Bug spray
	+ Socks (all sizes)

**Items NOT Accepted:**

* Cans without pull tabs
* Dried pasta
* Expired goods
* Refrigerated goods
* Fresh produce
* Baked goods
* Glass containers
* Previously opened items/damaged packaging
* Leftovers/already made meals